

Crisis Intervention and Loss

Curriculum Overview

The primary purpose of this series is to teach participants a comprehensive and practical approach to treating clients in crisis. The curriculum is based on the *Benjamin Rush Crisis Intervention Model*. Participants are taught the basic terms and concepts of individualized crisis intervention. Through multiple case vignettes and role-plays, the concept of loss is applied to assessment and treatment planning. The risks inherent in a crisis or traumatic event are expressly identified including suicidal ideation or intent, homicidal ideation, and abuse. Participants will practice skills to promote optimal functioning in a short-term (4-6 week) model of intervention.

Presenter's Goals

1. To provide a comprehensive approach to treating persons in crisis.
2. To provide understanding for the implications of prevention and mitigation of traumatic stress.
3. To identify unique challenges to individuals who present in crisis.

Participant Objectives

1. Define the basic terms and concepts of crisis intervention.
2. Identify the risks and opportunities inherent in a crisis or traumatic event.
3. Demonstrate an understanding of loss and apply it to their interventions.
4. Demonstrate the ability to formulate the crisis and assist clients in understanding the meaning ascribed to the event(s).
5. Identify pre-crisis coping and client strengths.
6. Engage clients in stress management and offer tools for improved personal coping techniques.

Learning Methods:

- Lecture/ Power Point
- Group discussion
- Clinical vignettes and role plays

Length of Training: This course is best presented as a weekly series, two hours a week for 6-8 weeks. It can also be presented as a two-day workshop.

Free CEUS for LCSWs and MFTs plus certificates of attendance