

Screening, Brief Intervention, and Referral to Treatment (SBIRT)

Curriculum Overview

Ten percent of the population abuses drugs or alcohol, and at least 20 percent of patients seen by family physicians have substance related problems, not including tobacco use. Health care practitioners in primary care settings have a unique opportunity to identify patients with potential alcohol related problems and intervene without having to specialize in substance abuse treatment. SBIRT is a comprehensive, integrated, public health approach to **early intervention for at risk users**. It is an effective and a relatively simple method aimed at reducing the burden of illnesses associated with substance use disorders.

This curriculum is designed for social workers, marriage and family therapists, psychologists, physicians, and residents working in a primary health care setting.

Presenter's Goals:

1. To present the basic model of SBIRT and rationale for use
2. To offer strategies to empower healthcare practitioners in the successful implementation of SBIRT
3. To provide an opportunity to practice skills through role plays and feedback

Participant Objectives:

1. Understand the history of SBIRT, current research and outcomes
2. Identify screening tools for adolescents and adults
3. Practice brief interventions
4. Know when to refer for specialized services
5. Understand the implications for medication-assisted treatment
6. Discuss strategies for implementing, integrating, and coordinating within your setting

Learning Methods:

- Power point
- Handouts and references
- Role plays

Length of Presentation: 3 hours

Free CEUS for LCSWs and MFTs plus certificates of attendance