

Trauma Informed Care

Overview

A trauma-informed system is one in which everyone within that systems recognizes and responds to the impact of traumatic stress on those who have contact with the system including service providers. Trauma-informed systems instill and sustain trauma awareness, knowledge, and skills into their organizational cultures, practices, and policies. They act in collaboration with all those who are involved, using the best available science, to facilitate and support the recovery and resiliency.

The primary purpose of this workshop is to introduce participants to the concepts and encourage assessment of readiness for individuals and agencies to be trauma informed.

Presenter's goals:

1. Reduce the risk of re traumatizing those we serve by increased client and caregiver awareness
2. Improve access to services through increased understanding of the complexities of complex trauma

Presenter's objectives:

1. Participants will be able to identify the effects of complex trauma exposure
2. Participants will learn core principles of a trauma informed system
3. Participants will determine readiness for trauma informed services and care

Learning Methods:

- Lecture/ Power Point
- Group discussion
- Clinical vignettes and role plays

Length of Training: This course is best presented as a 1 ½ hour workshop.

Free CEUS for LCSWs and MFTs plus certificates of attendance